



4 EASY WAYS TO BE A CHANGEMAKER

1

Follow Brave Step & add the Changemaker badge to your social profile.

[Facebook](#) [Instagram](#) [LinkedIn](#) [Get Badge](#)

2

Complete the goal sheet ([individual](#) or [team](#)) and begin reaching for your desired goals.

3

Pick at least one article, podcast or video on the [Changemaker website](#) and engage with it within two weeks.

4

Invite three people you know to sign [The Brave Pact](#).

[Brave Step](#) equips adult survivors, loved ones and the community with the skills and understanding to shape a strong, supportive community.